

Chinese Well-being Charity Activities Online

中国文化修生养性公益活动

Activities	Time	Trainer	Zoom ID & Passcode
TaiChi -Ba Duan Jin 八段锦	9:30-10:00 Mon & Wed	Mr. QIN Dongming	https://us04web.zoom.us/j/6290303648 Passcode:20205
	12:00-12:30 Tuesday	Ms. YU Feixia	Please Join Zoom Meeting https://us02web.zoom.us/j/82800495781?pwd=c1BmNktIbnZlZjRhMzNwek56QUE4UT09 会议号 Meeting ID: 828 0049 5781 密码 Passcode: CEDP-BDJ
	17:30-18:00 Friday	Ms. YU Feixia	Please Join Zoom Meeting https://us02web.zoom.us/j/88485075467?pwd=TGNwYU5jUmVDMUdVYW0rZWNTOGhjdz09 会议号 Meeting ID: 884 8507 5467 密码 Passcode: Mingmugong
Monthly Wellbeing Workshops 每月一期养生或心理咨询讲座	20:00-21:00 Friday or Sunday (TBC)	Dr. REN Ling Dr.WANG Tianjun Dr.TANG Shulan Dr.LI Xing	https://lse.zoom.us/j/5282683741 No Password
Poetry & Analects of Confucius 每周一诗“古诗”和“论语”	19:00 -19:30 Tuesday	Miss Li Shaoyi (Selina) Miss Yang Siyue (Sabrina) Mr.XU Zhining	Topic: Poetry and Analects of Confucius https://lse.zoom.us/j/5282683741 No Password
Love Yoga & Pilates 公益慈善瑜伽	9:30-10:30 Sunday	Ms. ZHANG Xiaoyan	https://us02web.zoom.us/j/85875439708 Passcode: 223886
Chinese Classic and Folk Dance 古典与民族舞蹈	9:30 -10:30 Saturday	Mrs. Zhang Chunye	https://lse.zoom.us/j/5282683741 No Password
Learn Chinese via Fun Activities 中文寓教于乐学习	16:30-17:00 Saturday	Doctor A	https://lse.zoom.us/j/5282683741 No Password
Singing Group 守望相助合唱团	19:00-19:30 Friday	Miss Ni Si jing	https://lse.zoom.us/j/5282683741 No Password

